JCSD Middle School



Crackers, Tea Roll

Contact Jo Apling with any questions or concerns 319-987-2581

Dried Cherries

Various fresh vegetables and fruit choices are offered daily at Middle School and High School. Skim white, skim chocolate and 1% white milk available at all schools for breakfast and lunch.

Menu is subject to change, based on product availability This institution is an equal opportunity provider.

MONDAY FRIDAY TUESDAY WEDNESDAY THURSDAY BBQ Rib Patty/Bun Chicken Drumstick Pizza Crunchers Crunchy Chicken Wrap Marinara **Buttermilk Biscuit Baked Beans** Cook's Choice Turkey/Cheese Tortilla Strawberry Spinach Salad Broccoli Roll Up Grapes Raisins Corn Cherry Chocolate Chip **Mandarin Oranges** Cookie Chocolate Chip Cookie 10 Meatball Sub / Bun Popcorn Chicken/ Tea French Toast Sticks Hot Dog/Bun **Bosco Cheese Sticks** Roll Chef Salad/ Tea Roll Marinara Spicy Chicken Patty/ Bun Breakfast Pizza Bagel Cheeseburger/Bun Corn **Baked Beans** Breaded Pork Patty/Bun Sausage Links / Yogurt Banana Potato Wedges **Cutie Orange** Peas Hash Brown **Dried Cherries** Slushie Cup Pears Strawberries & Bananas 15 16 Cheeseburger/Bun Mini Corn Dogs Walking Taco Breaded Chicken Patty/ Cheese Pizza Chicken Bacon Melt/Bun Spicy Grilled Cheese Buffalo Chicken Pizza Club Sandwich Taco Salad/ Chips/ Tea Green Beans Cooked Carrots **Potato Smiles Refried Beans** Roll Mixed Berry Cups Pineapple Peaches Applesauce Corn Snickerdoodle Cookie Fruit Cocktail 20 Chicken Strips/ Tea Roll Ouesadilla BBQ Rib Patty/Bun Chicken Nuggets/Tea Roll Pizza Crunchers Crunchy Chicken Wrap Deli Croissant Marinara Protein Box Turkey/Cheese Tortilla Cook's Choice **Baked Beans Sweet Potato Fries** Green Beans Roll Up Strawberry Spinach Salad Broccoli **Apple Slices** French Fries Strawberry Applesauce Grapes Craisins **Chocolate Tiger Grahams Mandarin Oranges** Chocolate Chip Cookie 28 29 31 Popcorn Chicken/ Tea LAST DAY OF SCHOOL! **NO SCHOOL** *Protein Box= String Roll **11:30 dismissal MEMORIAL DAY Cheese, Hard Boiled Cheeseburger/Bun Sack Lunch Egg, Ham, Goldfish Potato Wedges