

# MARCH 2024

## Preschool

### LUNCH

Contact Jo Apling with any questions or concerns  
319-987-2581

*Various fresh vegetables and fruit choices are offered daily at Middle School and High School.  
Skim white, skim chocolate and 1% white milk available at all schools for breakfast and lunch.*

Menu is subject to change, based on product availability  
This institution is an equal opportunity provider.

#### MONDAY

#### TUESDAY

#### WEDNESDAY

#### THURSDAY

#### FRIDAY



Cheeseburger/Bun  
Potato Smiles  
Celery Sticks  
Peaches

4

Ham and Cheese/Bun  
Green Beans  
Baby Carrots  
Blueberries

5

Soft Shell Taco  
Refried Beans  
Baby Carrots  
Applesauce  
Cookie

6

Breaded Chicken Patty/  
Bun  
Corn  
Fresh Broccoli  
Fruit Cocktail

7

Bosco Cheese Sticks  
Marinara  
Peas  
Baby Carrots  
Pears

1

Cheese Pizza  
Cooked Carrots  
Fresh Cauliflower  
Pineapple

8

SPRING BREAK

11

SPRING BREAK

12

SPRING BREAK

13

SPRING BREAK

14

SPRING BREAK

15

Chicken Strips  
Tea Roll  
Sweet Potato Fries  
Cucumber Slices  
Apple Slices

18

Orange Chicken  
Rice  
Baby Carrots  
Green Bell Pepper Slices  
Strawberry Applesauce

19

Sloppy Joe/ Bun  
Baked Beans  
Strawberry Spinach Salad  
Peaches  
Cherry Chocolate Chip  
Cookie

20

Chicken Nuggets  
Tea Roll  
Mashed Potatoes /Gravy  
Baby Carrots  
Mandarin Oranges

21

Pizza Crunchers  
Marinara  
Broccoli  
Fresh Cauliflower  
Raisins

22

Popcorn Chicken  
Tea Roll  
Potato Wedges  
Green Pepper Slices  
Dried Cherries

25

French Toast Sticks  
Sausage Links  
Yogurt  
Hash Brown  
Celery  
Strawberries & Bananas

26

Meatball Sub / Bun  
Baked Beans  
Red Bell Pepper Slices  
Cutie Orange

27

Chicken Tetrazzini  
Herb Tea Roll  
Baby Carrots  
Fresh Broccoli  
Banana

28

NO SCHOOL

29