

MARCH 2024

JCSD Middle School

LUNCH

Contact Jo Apling with any questions or concerns
319-987-2581

*Various fresh vegetables and fruit choices are offered daily at Middle School and High School.
Skim white, skim chocolate and 1% white milk available at all schools for breakfast and lunch.*

Menu is subject to change, based on product availability
This institution is an equal opportunity provider.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Cheeseburger/Bun
Fish Sandwich/ Bun
Potato Smiles
Peaches

4

Mini Corn Dogs
Buffalo Chicken Pizza
Green Beans
Blueberries

5

Soft Shell Taco
Club Sandwich
Refried Beans
Applesauce
Snickerdoodle Cookie

6

Breaded Chicken Patty/
Bun
Ham and Swiss Flatbread
Corn
Fruit Cocktail

7

Bosco Cheese Sticks
Marinara
BBQ Pork Nachos
Peas
Pears

1

Cheese Pizza
Chicken Bacon Melt/Bun
Cooked Carrots
Pineapple

8

SPRING BREAK

11

SPRING BREAK

12

SPRING BREAK

13

SPRING BREAK

14

SPRING BREAK

15

Chicken Strips/ Tea Roll
Deli Croissant
Sweet Potato Fries
Apple Slices

18

Orange Chicken/ Rice
Quesadilla
Green Beans
Strawberry Applesauce

19

Sloppy Joe/ Bun
Crunchy Chicken Wrap
Baked Beans
Strawberry Spinach Salad
Grapes
Cherry Chocolate Chip
Cookie

20

Chicken Nuggets
Tea Roll
Turkey/Cheese Tortilla
Roll Up
Mashed Potatoes /Gravy
Mandarin Oranges

21

Pizza Crunchers
Marinara
Cook's Choice
Broccoli
Raisins

22

Popcorn Chicken/ Tea
Roll
Cheeseburger/ Bun
Potato Wedges
Dried Cherries

25

French Toast Sticks
Breakfast Pizza Bagel
Sausage Links / Yogurt
Hash Brown
Strawberries & Bananas

26

Meatball Sub / Bun
Spicy Chicken Patty/ Bun
Baked Beans
Cutie Orange

27

Chicken Tetrazzini
Herb Tea Roll
Hot Ham &
Cheese/Pretzel Bun
Corn
Banana

28

NO SCHOOL

29