## JCSD High School

LUNCH

Contact Jo Apling with any questions or concerns 319-987-2581

Various fresh vegetables and fruit choices are offered daily at Middle School and High School. Skim white, skim chocolate and 1% white milk available at all schools for breakfast and lunch.

Menu is subject to change, based on product availability
This institution is an equal opportunity provider.

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|--|--|--|--|--|
| MONDAY   | TUESDAY  | WEDNESDAY ///  | THURSDAY   | FRIDAY   |
|  |  |  |  | Bosco Cheese Sticks Marinara BBQ Pork Nachos Peas Pears      |
| Cheeseburger/Bun Fish Sandwich/ Bun Potato Smiles Peaches                            | Mini Corn Dogs<br>Buffalo Chicken Pizza<br>Green Beans<br>Blueberries                              | Soft Shell Taco Club Sandwich Refried Beans Applesauce Snickerdoodle Cookie                                    | Breaded Chicken Patty/ Bun Ham and Swiss Flatbread Corn Fruit Cocktail                                 | Cheese Pizza Chicken Bacon Melt/Bun Cooked Carrots Pineapple |
| SPRING BREAK   | SPRING BREAK 12  | SPRING BREAK 13  | SPRING BREAK 14  | SPRING BREAK 15  |
| Chicken Strips/ Tea Roll Deli Croissant Sweet Potato Fries Apple Slices              | Orange Chicken/ Rice<br>Quesadilla<br>Green Beans<br>Strawberry Applesauce                         | Sloppy Joe/ Bun Crunchy Chicken Wrap/ Chips Baked Beans/ Strawberry Spinach Salad Grapes Cherry Chocolate Chip | Chicken Nuggets Tea Roll Turkey/Cheese Tortilla Roll Up/ Chips Mashed Potatoes /Gravy Mandarin Oranges | Pizza Crunchers Marinara Cook's Choice Broccoli Raisins      |
| Popcorn Chicken/ Tea<br>Roll<br>Cheeseburger/ Bun<br>Potato Wedges<br>Dried Cherries | French Toast Sticks Breakfast Pizza Bagel Sausage Links / Yogurt Hash Brown Strawberries & Bananas | Cookie Meatball Sub / Bun Spicy Chicken Patty/ Bun Baked Beans Cutie Orange                                    | Chicken Tettrazini Herb Tea Roll Hot Ham & Cheese/Pretzel Bun Corn Banana                              | NO SCHOOL  |