

JANUARY 2024

Preschool

LUNCH

Contact Jo Apling with any questions or concerns
319-987-2581

Skim white, skim chocolate and 1% white milk available at all schools for breakfast and lunch.

Menu is subject to change, based on product availability
This institution is an equal opportunity provider.

MONDAY

NO SCHOOL
WINTER BREAK

1

TUESDAY

Cheeseburger/Bun
Potato Smiles
Celery Sticks
Peaches

2

WEDNESDAY

Ham & Cheese/Bun
Green Beans
Baby Carrots
Blueberries

3

THURSDAY

Breaded Chicken Patty/
Bun
Corn
Fresh Broccoli
Fruit Cocktail

4

FRIDAY

Stuffed Crust Pepperoni
Pizza
Cooked Carrots
Fresh Cauliflower
Pineapple

5

Chicken Strips
Tea Roll
Sweet Potato Fries
Cucumber Slices
Apple Slices

8

Quesadilla
Green Beans
Fresh Broccoli
Strawberry Applesauce

9

Rib Patty/ Bun
Baked Beans
Baby Carrots
Peaches
Chocolate Chip Cookie

10

Chicken Nuggets
Tea Roll
Mashed Potatoes /Gravy
Baby Carrots
Mandarin Oranges

11

Pizza Crunchers
Marinara
Broccoli
Fresh Cauliflower
Raisins

12

NO SCHOOL
STAFF PROFESSIONAL
DEVELOPMENT

15

Popcorn Chicken/ Tea
Roll
Potato Wedges
Green Pepper Slices
Craisins

16

French Toast Sticks
Sausage Links / Yogurt
Hash Brown
Celery
Strawberries & Bananas

17

Chicken Tetrazzini
Herb Tea Roll
Baby Carrots
Fresh Broccoli
Banana

18

Bosco Cheese Sticks
Marinara
Peas
Baby Carrots
Pears

19

Cheeseburger/Bun
Potato Smiles
Celery Sticks
Peaches

22

Ham & Cheese/Bun
Green Beans
Baby Carrots
Blueberries

23

Soft Shell Taco
Refried Beans
Baby Carrots
Applesauce
Snickerdoodle Cookie

24

Breaded Chicken Patty/
Bun
Corn
Fresh Broccoli
Fruit Cocktail

25

Cheese Pizza
Cooked Carrots
Fresh Cauliflower
Pineapple

26

Chicken Strips
Tea Roll
Sweet Potato Fries
Cucumber Slices
Apple Slices

29

Orange Chicken
Rice
Baby Carrots
Green Bell Pepper Slices
Strawberry Applesauce

30

Sloppy Joe/ Bun
Baked Beans
Fresh Broccoli
Peaches
Cherry Chocolate Chip
Cookie

31

