APRIL 2024

Apple Slices

JCSD Middle School



Contact Jo Apling with any questions or concerns 319-987-2581

Strawberry Applesauce Chocolate Tiger Grahams Various fresh vegetables and fruit choices are offered daily at Middle School and High School. Skim white, skim chocolate and 1% white milk available at all schools for breakfast and lunch.

Menu is subject to change, based on product availability This institution is an equal opportunity provider.

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY Cheeseburger/Bun Hot Dog/Bun **Walking Taco** Breaded Chicken Patty/ Cheese Pizza Bun Chicken Bacon Melt/Bun Fish Sandwich/Bun Buffalo Chicken Pizza Club Sandwich Ham and Swiss Flatbread Green Beans **Cooked Carrots Potato Smiles Refried Beans** Corn Blueberries Pineapple Peaches **Applesauce** Fruit Cocktail Snickerdoodle Cookie Orange Chicken/ Rice BBQ Rib Patty/Bun Pizza Crunchers Chicken Strips/ Tea Roll 10 Chicken Drumstick 12 Crunchy Chicken Wrap Deli Croissant Quesadilla **Buttermilk Biscuit** Marinara Cook's Choice **Baked Beans Sweet Potato Fries** Green Beans Turkey/Cheese Tortilla Strawberry Spinach Salad Broccoli **Apple Slices** Strawberry Applesauce Roll Up/ Chips Grapes Raisins Mandarin Oranges Cherry Chocolate Chip Chocolate Chip Cookie Popcorn Chicken/ Tea French Toast Sticks 16 Meatball Sub / Bun Chicken Tettrazini **Bosco Cheese Sticks** 19 Roll Herb Tea Roll Marinara Breakfast Pizza Bagel Spicy Chicken Patty/ Bun Cheeseburger/Bun Hot Ham & **Baked Beans BBO Beef Nachos** Sausage Links / Yogurt Cheese/Pretzel Bun **Potato Wedges Cutie Orange** Peas Hash Brown Corn **Dried Cherries** Slushie Cup Pears Strawberries & Bananas Banana 25 Cheeseburger/Bun 26 Mini Corn Dogs Soft Shell Taco Breaded Chicken Patty/ Stuffed Crust Cheese Spicy Grilled Cheese Pizza Buffalo Chicken Pizza Club Sandwich Ham and Swiss Flatbread Breaded Pork Patty/Bun Green Beans Sandwich Refried Beans Corn Cooked Carrots Mixed Berry Cup **Potato Smiles** Applesauce Fruit Cocktail Pineapple Snickerdoodle Cookie Peaches Chicken Strips/ Tea Roll 29 Quesadilla 30 Deli Croissant BBQ Beef/ Bun Sweet Potato Fries Green Beans