

APRIL 2024

JCSD High School

LUNCH

Contact Jo Apling with any questions or concerns
319-987-2581

*Various fresh vegetables and fruit choices are offered daily at Middle School and High School.
Skim white, skim chocolate and 1% white milk available at all schools for breakfast and lunch.*

Menu is subject to change, based on product availability
This institution is an equal opportunity provider.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Cheeseburger/Bun
Fish Sandwich/Bun
Potato Smiles
Peaches

1

Hot Dog/Bun
Buffalo Chicken Pizza
Green Beans
Blueberries

2

Walking Taco
Club Sandwich
Refried Beans
Applesauce
Snickerdoodle Cookie

3

Breaded Chicken Patty/
Bun
Ham and Swiss Flatbread
Corn
Fruit Cocktail

4

Cheese Pizza
Chicken Bacon Melt/Bun
Cooked Carrots
Pineapple

5

Chicken Strips/ Tea Roll
Deli Croissant
Sweet Potato Fries
Apple Slices

8

Orange Chicken/ Rice
Quesadilla
Green Beans
Strawberry Applesauce

9

BBQ Rib Patty/Bun
Crunchy Chicken Wrap/
Chips
Baked Beans
Strawberry Spinach Salad
Grapes
Cherry Chocolate Chip
Cookie

10

Chicken Drumstick
Buttermilk Biscuit
Turkey/Cheese Tortilla
Roll Up/ Chips
Mandarin Oranges
Chocolate Chip Cookie

11

Pizza Crunchers
Marinara
Cook's Choice
Broccoli
Raisins

12

Popcorn Chicken/ Tea
Roll
Cheeseburger/ Bun
Potato Wedges
Dried Cherries

15

French Toast Sticks
Breakfast Pizza Bagel
Sausage Links / Yogurt
Hash Brown
Strawberries & Bananas

16

Meatball Sub / Bun
Spicy Chicken Patty/ Bun
Baked Beans
Cutie Orange
Slushie Cup

17

Chicken Tetrazzini
Herb Tea Roll
Hot Ham &
Cheese/Pretzel Bun
Corn
Banana

18

Bosco Cheese Sticks
Marinara
BBQ Beef Nachos
Peas
Pears

19

Cheeseburger/Bun
Spicy Grilled Cheese
Sandwich
Potato Smiles
Peaches

22

Mini Corn Dogs
Buffalo Chicken Pizza
Green Beans
Mixed Berry Cup

23

Soft Shell Taco
Club Sandwich
Refried Beans
Applesauce
Snickerdoodle Cookie

24

Breaded Chicken Patty/
Bun
Ham and Swiss Flatbread
Corn
Fruit Cocktail

25

Stuffed Crust Cheese
Pizza
Breaded Pork Patty/Bun
Cooked Carrots
Pineapple

26

Chicken Strips/ Tea Roll
Deli Croissant
Sweet Potato Fries
Apple Slices

29

Quesadilla
BBQ Beef/ Bun
Green Beans
Strawberry Applesauce
Chocolate Tiger Grahams

30

